

INFORMATION FOR MAINSTAY HOUSING TENANTS

COVID-19 SELF-SCREENING TOOL

If you are feeling unwell, please answer the following questions.

Do you have any of the following symptoms?

- Fever
- New cough
- Difficulty breathing (or a combination of the above)

If you are having difficulty breathing or experiencing other severe symptoms, call 911 immediately. Advise them of your symptoms and travel history.

AND are any of the following true?

- You have travelled outside of Canada in the last 14 days
- Someone you are in close contact with has COVID-19 (for example, someone in your household or at work)
- You have been in close contact with a person who is sick with respiratory symptoms (for example, fever, cough or difficulty breathing) who recently travelled outside of Canada

If you answer NO to either of these questions it is unlikely you have COVID-19. Continue to monitor your health.

If you answer YES to these questions:

1. Self-isolate in your apartment.
2. Call a health professional or Toronto Public Health at 416-392-7411 (or 311 after hours). Tell them you used this assessment.
3. Follow their advice.
4. Call Mainstay Housing at 416-703-9266 ext. 300. Tell them which health professional you spoke with and what you were advised to do.

Thank you for doing your part to keep tenants and staff healthy.



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